# **Pendeleaplan**

# Health Savings On Fitness.

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## SHAPE UP AND SAVE UP!

Regular exercise helps you stay healthy and can make you look and feel better. The Endelea Plan Fitness discount program is automatically included whenever you purchase Endelea plan products (Personal accident or Endelea Med plan). You'll save on fitness club memberships, Personal accident cover and Medical plans — everything you need to

get fit.

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# PICK A CLUB-JOIN A CLUB

You'll enjoy preferred rates on fitness club membership within the selected fitness centers located near you. You can get started today!

- Download Endelea App sign up on your preferred health insurance product (Endelea Med or Endelea Basic or visit our portal <u>www.endeleaplan.com</u> to sign up.
- Once you sign up you will be issued with an Endelea
  Plan member number which will be your Endelea
  plan subscription code.
- Visit <u>www.endeleaplan.com</u> for a current list of participating fitness clubs.
- Select a club and register with your Endelea plan subscription code.
- You can also Enroll on Endelea Plan App or call 0748-201-428.

More Reasons To Join a Club.

- You save on health care plans.
- Get informative health education programs on the app.
- Guest privileges at participating fitness clubs.
- Transfer your membership to another person or to another participating fitness club.
- Plus, family members on your health benefits (Endelea Med) or health insurance plan are eligible too.

Did You Know?

Getting your daily dose of exercises keeps your heart healthy, your bones strong- it can even give you a good night sleep. With the fitness program, you can save money too!

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lifestyle Programs

#### **Beyond the Fitness Club**

Starting a fitness program is just the start to a healthier you. The fitness discount program helps you lower stress, lose weight or meet other health goals.

Stretch your body — and your savings — at the same time. Take advantage of the Endelea Plan Fitness discount program today!

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Discount programs provide access to discounted prices and are NOT insured benefits. Program providers are solely responsible for the products and services provided hereunder. Health benefits and health insurance plans contain exclusions and limitations. For more information about Endelea plans, refer to <u>www.endeleaplan.com</u>.